كليفلاند كلينك أبوظبي
Cleveland Clinic Abu Dhabi



SCIENTIFIC AGENDA

1ST CLEVELAND CLINIC ABU DHABI LIAISON PSYCHIATRY CONFERENCE

Integrating Care Across Disciplines

24 October 2026

Cleveland Clinic Abu Dhabi

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Saturday, October 24, 2026 | In-Person

08:00 AM - 08:40 AM	Registration	
08:40 AM - 08:50 AM	Opening	Dr. Ayesha Ahmed Chair, Psychiatry, Cleveland Clinic Abu Dhabi
08:50 AM - 09:00 AM	Welcome	Dr. Syed Irteza Hussain Chief of the Neurology Institute, Cleveland Clinic Abu Dhabi
09:00 AM - 09:30 AM	Psychiatric phenomenology: The stories that cut across borders	Keynote Speaker: Prof. Nandini Chakraborty Dean, Royal College of Psychiatrists, UK

SESSION 1 | ETHICS, INTEGRATION & THE GENERAL HOSPITAL

Moderator: Dr. Muhammad Farhan

09:30 AM - 09:50 AM	From silos to the systems, advancing regional mental health collaboration	Dr. Nahida Ahmed Neyaz Consultant Psychiatrist and Chief Medical Officer, Sakina Mental Health and Wellbeing Services
09:50 AM - 10:10 AM	Bridging disciplines: Social work and mental health partnership in transplant care	Ms. Fatma Al Zaabi Clinical Social Worker, Transplant Institute Cleveland Clinic Abu Dhabi
10:10 AM - 10:30 AM	Mental illness and medical equity: An ethical inquiry	Dr. Mahwish U. Ahmed Chair, Clinical Ethics Committee, Cleveland Clinic Abu Dhabi
10:30 AM - 10:50 AM	Too medical for psychiatry. Too psychiatric for medicine. managing patients on the interface.	Dr. Nida Said Consultant Psychiatrist, Reem Neuroscience Centre
10:50 AM - 11:00 AM	Q&A	
11:00 AM - 11:20 AM	Coffee break & Networking	Non-CME Industrial Symposium Ballroom

SESSION 2 | INTEGRATIVE NEUROPSYCHIATRY IN CLINICAL PRACTICE

Moderator: Dr Kelly Huffman

11:20 AM - 11:40 AM	Parkinsonism, pharmacotherapy and mental illness	Dr. Yasmin Abdelmajid Associate Staff Physician, Neurology Cleveland Clinic Abu Dhabi
11:40 AM - 12:00 PM	The dual burden of brain disease: neuropsychiatric manifestations and reactive distress in neurological conditions	Dr. Leanne Brown Clinical Psychologist & Neuropsychologist Cleveland Clinic Abu Dhabi
12:00 PM - 12:20 PM	Psychogenic non-epileptic seizures: challenges in clinical care	Dr. Eugene Achi Consultant Neurologist and Medical Director Epilepsy, Cleveland Clinic Abu Dhabi
12:20 PM - 12:40 PM	Functional neurological disorders: From clinical formulation to recovery-a model of integrated care	Dr. Kelly Huffman Psychologist, Cleveland Clinic Abu Dhabi
12:40 PM - 1:00 PM	Overlap between mood, sleep and pain in clinical practice: An integrative treatment approach	Dr. Muhammad Farhan Consultant Psychiatry, Sleep and Pain management, Cleveland Clinic Abu Dhabi
1:00 PM - 1:10 PM	Q&A	
1:10 PM - 2:10 PM	Lunch break & Networking	
1:30 PM - 1:50 PM	Stretching Session A - Ballroom	
1:50 PM - 2:10 PM	Stretching Session B - Ballroom	

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SESSION 3 | THE HUMAN SIDE OF HEALTHCARE

Moderator: Dr. Amad ud Din

2:10 PM - 2:40 PM	Caring for the carers: Burn out, wellbeing & quality of life of health care staff	**Dr. Falak Sayed** Staff Physician, Occupational Health and Caregiver Wellbeing, Cleveland Clinic Abu Dhabi **Dr. Amad ud Din** Consultant Psychiatrist, Cleveland Clinic Abu Dhabi
2:40 PM - 3:00 PM	Integrating heart and mind: Eastern psychological perspectives on mental wellbeing	**Dr. Asad Sadiq** Consultant Psychiatrist and Managing Director The Psychiatry and Therapy Centre
3:00 PM - 3:20 PM	When patients disclose distress outside mental health services: What should clinicians do?	**Dr. Arlene Cooke** Consultant Clinical Psychologist
3:20 PM - 3:40 PM	Whose story counts? Patient narrative vs medical Narrative	**Ms. Mariam Al Mujaini** Manager, Patient Experience and Service Excellence, Cleveland Clinic Abu Dhabi
3:40 PM - 3:50 PM	Q&A	
3:50 PM - 4:10 PM 3:50 PM - 4:10 PM	Coffee break & Networking Bookmarks Making - Ballroom	

CLOSING PLENARY | EMERGING PRIORITIES IN MENTAL HEALTH

Moderator: Dr. Leanne Brown

4:10 PM - 4:30 PM	Beyond the usual suspects: New psychoactive substances and the general hospital	**Dr. Hawraa Sajwani** Consultant Addiction & Liaison Psychiatrist, Director of Mental Health, NYUAD
4:30 PM - 4:40 PM	Food, mood and mental health	**Dr. Bartlomiej Piechowski-Jozwiak** Consultant Neurologist
4:40 PM - 5:00 PM	Is Obesity a mental illness?	**Dr. Santosh Kumar** Associate Staff Physician, Psychiatry Cleveland Clinic Abu Dhabi
5:00 PM - 5:20 PM	The paradox of progress: Why mental health continues to decline	**Dr. Ayesha Ahmed** Chair, Psychiatry, Cleveland Clinic Abu Dhabi
5:20 PM - 6:00 PM	Panel Discussion: The distracted generation: ADHD, social media, algorithms and mental wellbeing	**Mr. Nigel Davis** Head of Secondary School, The British School Al Khubairat **Dr. Waleed Ahmed** Consultant Psychiatrist and Clinical Director Maudsley Health **Dr. Vedrana Mladina** Clinical Psychologist and Associate Professor NYU Abu Dhabi and Zayed University
6:00 PM - 6:05 PM	Closing remarks	Dr. Ayesha Ahmed

Disclosure and Conflict of Interest

The planning committee, faculty, and others in control of content (either individually or as a group) have disclosed relevant financial relationships with ineligible companies.

All relevant financial relationships have been reviewed and mitigated in accordance with ACCME standards

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THANK YOU!

FOR MORE INFORMATION:

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Prepared By

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