



SCIENTIFIC AGENDA

**1ST CLEVELAND CLINIC ABU DHABI
LIAISON PSYCHIATRY CONFERENCE**
Integrating Care Across Disciplines

🕒 24 October 2026

📍 Cleveland Clinic Abu Dhabi

Saturday, October 24, 2026 | In-Person

08:00 AM – 08:40 AM Registration

08:40 AM – 08:50 AM Opening

Dr. Ayesha Ahmed
Chair, Psychiatry, Cleveland Clinic Abu Dhabi (CCAD)

08:50 AM – 09:00 AM Welcome

09:00 AM – 09:30 AM Psychiatric phenomenology: The stories that cut across borders

Keynote Speaker:
Prof. Nandini Chakraborty
Dean, Royal College of Psychiatrists, UK

SESSION 1 | ETHICS, INTEGRATION & THE GENERAL HOSPITAL

Moderator : Dr. Muhammad Farhan

09:30 AM – 09:50 AM From silos to the systems, advancing regional mental health collaboration

Dr. Nahida Ahmed Niyaz
Consultant Psychiatrist and Chief Medical Officer, Sakina Mental Health and Wellbeing Services

09:50 AM – 10:10 AM Bridging disciplines: Social work and mental health partnership in transplant care

Ms. Fatma Al Zaabi
Clinical Social Worker, Transplant Institute, Cleveland Clinic Abu Dhabi

10:10 AM – 10:30 AM Mental illness and medical equity: An ethical inquiry

Dr. Mahwish U. Ahmed
Chair, Clinical Ethics Committee, Cleveland Clinic Abu Dhabi

10:30 AM – 10:50 AM Too medical for psychiatry. Too psychiatric for medicine. managing patients on the interface.

Dr. Nida Said
Consultant Psychiatrist, Reem Neuroscience Centre

10:50 AM – 11:00 AM Q&A

11:00 AM – 11:20 AM Coffee break & Networking

SESSION 2 | INTEGRATIVE NEUROPSYCHIATRY IN CLINICAL PRACTICE

Moderator : Dr Kelly Huffman

11:20 AM – 11:40 AM Parkinsonism, pharmacotherapy and mental illness

Dr. Yasmin Abdelmajid
Associate Staff Physician, Neurology, Cleveland Clinic Abu Dhabi

11:40 AM – 12:00 PM The dual burden of brain disease: neuropsychiatric manifestations and reactive distress in neurological conditions

Dr. Leanne Brown
Clinical Psychologist & Neuropsychologist, Cleveland Clinic Abu Dhabi

12:00 PM – 12:20 PM Psychogenic non-epileptic seizures: challenges in clinical care

Dr. Eugene Achi
Consultant Neurologist and Medical Director, Epilepsy, Cleveland Clinic Abu Dhabi

12:20 PM – 12:40 PM Functional neurological disorders: From clinical formulation to recovery-a model of integrated care

Dr. Kelly Huffman
Psychologist, Cleveland Clinic Abu Dhabi

12:40 PM – 1:00 PM Overlap between mood, sleep and pain in clinical practice: An integrative treatment approach

Dr. Muhammad Farhan
Consultant Psychiatry, Sleep and Pain management, Cleveland Clinic Abu Dhabi

1:00 PM – 1:10 PM Q&A

1:10 PM – 2:10 PM Lunch break & Networking
1:10 PM – 1:40 PM Sound Healing Activity
1:40 PM – 2:10 PM Bookmarks Making Activity

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SESSION 3 | THE HUMAN SIDE OF HEALTHCARE

Moderator : Dr. Amad ud Din

2:10 PM – 2:40 PM	Caring for the carers: Burn out, wellbeing & quality of life of health care staff	Dr. Falak Sayed Staff Physician, Occupational Health and Caregiver Wellbeing, Cleveland Clinic Abu Dhabi Dr. Amad ud Din Consultant Psychiatrist, Cleveland Clinic Abu Dhabi
2:40 PM – 3:00 PM	Integrating heart and mind: Eastern psychological perspectives on mental wellbeing	Dr. Asad Sadiq Consultant Psychiatrist and Managing Director, The Psychiatry and Therapy Centre
3:00 PM – 3:20 PM	When patients disclose distress outside mental health services: What should clinicians do?	Dr. Arlene Cooke Consultant Clinical Psychologist
3:20 PM – 3:40 PM	Whose story counts? Patient narrative vs medical Narrative	Ms. Mariam Al Mujaini Manager, Patient Experience and Service Excellence, Cleveland Clinic Abu Dhabi
3:40 PM – 3:50 PM	Q&A	
3:50 PM – 4:10 PM	Coffee break & Networking	
3:50 PM – 4:00 PM	Refresh in 10 (stretching activity)	
4:00 PM – 4:10 PM	Refresh in 10 (stretching activity)	

CLOSING PLENARY | EMERGING PRIORITIES IN MENTAL HEALTH

Moderator : Dr Leanne Brown

4:10 PM – 4:30 PM	Beyond the usual suspects: New psychoactive substances and the general hospital	Dr. Hawraa Sajwani Consultant Psychiatrist, NYU Abu Dhabi
4:30 PM – 4:40 PM	Food, mood and mental health	Dr. Bartlomiej Piechowski-Jozwiak Consultant Neurologist
4:40 PM – 5:00 PM	Is Obesity a mental illness?	Dr. Santosh Kumar Associate Staff Physician, Psychiatry, Cleveland Clinic Abu Dhabi
5:00 PM – 5:20 PM	The paradox of progress: Why mental health continues to decline	Dr. Ayesha Ahmed Chair, Psychiatry, Cleveland Clinic Abu Dhabi (CCAD)
5:20 PM – 6:00 PM	Panel Discussion: The distracted generation: ADHD, social media, algorithms and mental wellbeing	Mr. Nigel Davis Head of Secondary School, The British School Al Khubairat Dr. Waleed Ahmed Consultant Psychiatrist and Clinical Director, Maudsley Health Dr. Vedrana Mladina Clinical Psychologist and Associate Professor, NYU Abu Dhabi and Zayed University
6:00 PM – 6:05 PM	Closing remarks	Dr. Ayesha Ahmed

Disclosure and Conflict of Interest

The planning committee, faculty, and others in control of content (either individually or as a group) have disclosed relevant financial relationships with ineligible companies.

All relevant financial relationships have been reviewed and mitigated in accordance with ACCME standards

*** CME Accredited**

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THANK YOU!

FOR MORE INFORMATION:



Conference Secretariat



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Prepared By



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