

# SCIENTIFIC AGENDA



## EHS INTERNATIONAL MENTAL HEALTH

C O N F E R E N C E 2 0 2 4

In Collaboration with Maudsley Health

“Empathy-Driven Innovation: Shaping the Mental Health Future”

October 4-5, 2024 | The University of Sharjah, Al Razi Hall, Sharjah, UAE



FOR MORE INFO, PLEASE CONTACT  
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**Day 1**

**Friday, October 4, 2024**

**Empathy-Driven Innovation:  
Shaping the Mental Health Future**

08:00 - 09:00	Registration	
09:00 - 10:00	Welcome and Opening Ceremony	
10:00 - 11:00	Opening Keynote: Revolutionising Youth Mental Health Globally	Moderator: Dr. Ammar Al Banna Prof. Patrick McGorry
11:00 - 11:15	Perspectives on Mental Health in the UAE	Moderator: Dr. Mohamed Abdel Maksoud Dr. Nada Al Marzooqi
11:15 - 12:00	Updates on Mental Health Policy in the UAE	Dr. Laila Suleiman

12:00-13:50

Friday Prayer, Lunch, and Poster Viewing

**State-of-the-Art**

Theme:  
**Perinatal & Women's  
Mental Health**

13:50-14:20

Dr. Giles Berrisford

Perinatal Mental Health,  
Psychopharmacology in Pregnancy

14:20-14:40

Dr. Azhar Abu Ali

Infant Mental Health

14:40-15:00

Dr. Charlotte Cousins

Mother-Infant Relationship and  
Perinatal Mental Health

15:00-15:20

Dr. Madonna Yanni

The Future of Perinatal Mental Health

15:20-15:45

Panel Discussion

**PARALLEL WORKSHOPS**

**Workshop 1**

13:50 - 15:45

Borderline Personality;  
Psychodynamic  
Conceptualisation and  
Management

Theme:  
**Psychotherapy**

Dr. Yasser Ad-Dab'bagh

**Workshop 2**

13:50 - 15:45

Navigating the Challenges  
Around Challenging Behaviours

Theme:  
**Youth Mental Health**

Dr. Meshal A. Sultan

Khadija khouri

Dr. Ashely Gibson

Nadia AlShammar

Jenny Moriarty

Moath Alfaouri

Dr. Deepak Thalitaya

Dr. Reem Mudawi

15:45-16:00

Coffee Break

**Seminar**

Moderator:  
Dr. Mohamed Abdel-Maksoud

Theme:  
**Psychopharmacology**

16:00 - 17:00

Dr. Siobhan Gee

De-prescribing in Mental Health

**PARALLEL WORKSHOPS**

**Workshop 1**

16:00 - 17:00

Borderline Personality;  
Psychodynamic  
Conceptualisation and  
Management

Theme:  
**Psychotherapy**

Dr. Yasser Ad-Dab'bagh

**Workshop 2**

16:00 - 17:00

Navigating the Challenges  
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Theme:  
**Youth Mental Health**

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Moath Alfaouri

Dr. Deepak Thalitaya

Dr. Reem Mudawi

Closing

**Day 2**

**Saturday, October 5, 2024**

**Empathy-Driven Innovation:  
Shaping the Mental Health Future**

08:00 - 09:15 Welcome and Registration

**State-of-the-Art**

Moderator: Prof. Tareq Qassem

Theme:  
**Schizophrenia  
across the Life-span**

09:15-10:00

Early Onset Psychosis

Dr. Evangelia Lila Amirali

10:00-10:30

At Risk Mental States

Prof. Patrick McGorry

10:30-11:00

Very Late Onset Psychosis

Prof. Tareq Qassem

**PARALLEL WORKSHOPS**

**Workshop 3**

09:15 - 11:00

Acceptance & Commitment  
Therapy (ACT)

Theme:  
**Psychotherapy**

Dr. Azi Berzengi

**Workshop 4**

09:15 - 11:00

School Mental Health

Theme:  
**Youth Mental Health**

Mary Barrett

11:00-11:15

Coffee Break

11:15-11:45

Treatment Resistant Schizophrenia:  
Psychopharmacology Update

Dr. Siobhan Gee

11:45-12:15

Transforming Schizophrenia Care:  
Innovations and Future Directions

Prof. Emmanuel Stip

**PARALLEL WORKSHOPS**

**Workshop 3**

11:15 - 12:45

Acceptance & Commitment  
Therapy (ACT)

Theme:  
**Psychotherapy**

Dr. Azi Berzengi

**Workshop 4**

11:15 - 12:45

School Mental Health

Theme:  
**Youth Mental Health**

Dr. Rachel McMahon

Mary Barrett

12:15-12:45

Panel discussion

12:45-13:50

Prayer, Lunch and Poster Viewing

13:50-14:10

Keynote Speech: "Insights and Outlook on AI in Mental Healthcare"

H.E. Mubaraka Ibrahim

14:10-15:00

Expert Debate: Will Artificial Intelligence  
(AI) Replace Mental Health Professionals?

Moderator: Dr. Ammar AlBanna

Dr. Azi Berzengi

Dr. Meshal Sultan

Prof. Wathiq Mansoor

Prof. Tareq Qassem

15:00 - 16:00

Closing Keynote: Innovations in Mental Health Service Delivery

Dr. Evangelia Lila Amirali

16:00 - 16:30

Awards and Closing Remarks