



# MUBADALA HEALTH DIABETES CONFERENCE



11-12 Nov. 2023



Rosewood Abu Dhabi, UAE

BROUGHT TO YOU BY



مركز إمبريال كوليدج لندن للسكري  
Imperial College London Diabetes Centre  
A Mubadala Health Partner

**HealthPlus**  
Diabetes & Endocrinology Center  
مركز السكري والغدد الصماء  
A Mubadala Health Partner



**DAY 1 | Saturday, 11 November 2023**

Time	Duration	Topic	Speaker
8:00 - 8:45	45 min	Onsite Registration	
8:45 - 8:55	10 min	Introduction & Welcome	<b>Prof. Amir H Sam</b> Head, Imperial College School of Medicine Professor, Imperial College London, UK
8:55 - 9:00	5 min	Opening Speech	<b>Dr. Mohammed Al Khatib</b> Medical Director and Consultant Internal Medicine, Diabetes & Endocrinology HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE
9:00 - 10:00	1 Hr	Update on Diabetes Guidelines	<b>Prof. Maha Barakat</b> Assistant Minister for Health and Life Sciences, Ministry of Foreign Affairs, UAE
<b>10:15 - 11:15 1 Hr Parallel Workshops</b>			
<b>Cases from the Type 2 Clinic</b>		<b>Cases from the Type 1 Clinic</b> Diabetes Type 1 Management with Eyes on Psychosocial Environment	
<b>Dr. Victoria Salem</b> Honorary Consultant in Diabetes, Endocrinology and General Internal Medicine, Imperial College London, UK		<b>Dr. Fateh Al Khatib</b> Endocrinology Consultant HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE	
<b>Dr. Saira Hameed</b> Consultant in Endocrinology and Diabetes Imperial College Healthcare NHS Trust, Clinical Senior Lecturer, Imperial College London, UK		<b>Ms. Faten Bayado</b> Dietician / Certified Diabetes Educator HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE	
<b>Cases from the Obesity Clinic</b>		<b>Cases from the Lipid Clinic</b>	
<b>Dr. Sarah Qureshi</b> Consultant Endocrinologist and Diabetologist, Imperial College London Diabetes Centre Abu Dhabi, UAE		<b>Ms. Aysha Al Shebli</b> Dietician Imperial College London Diabetes Centre Abu Dhabi, UAE	
<b>11:15 - 11:30 15 min Break</b>			
<b>11:30 - 12:30 1 Hr Parallel Workshops</b>			
<b>Cases from the Type 2 Clinic</b>		<b>Cases from the Type 1 Clinic</b> Diabetes Type 1 Management with Eyes on Psychosocial Environment	
<b>Dr. Victoria Salem</b> Honorary Consultant in Diabetes, Endocrinology and General Internal Medicine, Imperial College London, UK		<b>Dr. Fateh Al Khatib</b> Endocrinology Consultant HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE	
<b>Dr. Saira Hameed</b> Consultant in Endocrinology and Diabetes Imperial College Healthcare NHS Trust, Clinical Senior Lecturer, Imperial College London, UK		<b>Ms. Faten Bayado</b> Dietician / Certified Diabetes Educator HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE	
<b>Cases from the Obesity Clinic</b>		<b>Cases from the Lipid Clinic</b>	
<b>Dr. Sarah Qureshi</b> Consultant Endocrinologist and Diabetologist, Imperial College London Diabetes Centre Abu Dhabi, UAE		<b>Ms. Aysha Al Shebli</b> Dietician Imperial College London Diabetes Centre Abu Dhabi, UAE	



DAY 1 | Saturday, 11 November 2023

Time	Duration	Topic	Speaker
12:30 - 13:30	1 Hr	Lunch Break	
13:30 - 14:30	1 Hr	Debate Session	<b>Moderator</b> <b>Prof. Karim Meeran</b> Professor of Endocrinology, Imperial College London, UK
<p>In the new era of twincretins, technology may have the upper hand over pharmacology in Type 2 Diabetes</p>			
	<b>For</b>	<b>Dr. Ahmed El-Laboudi</b> Consultant Endocrinologist and Diabetologist, Imperial College London Diabetes Centre Abu Dhabi, UAE	<b>Against</b>
			<b>Dr. Mohamed Suliman</b> Consultant Endocrinologist and Diabetologist, Imperial College London Diabetes Centre Abu Dhabi, UAE
14:30 - 15:00	30 min	CGM: Advances, Proper use, Interpretation ?	<b>Dr. Shoib Ur Rehman</b> Endocrinology Consultant HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE
15:00 - 15:30	30 min	How foods can help us treat Type 2 Diabetes	<b>Prof. Kevin Murphy</b> Professor of Endocrinology and Metabolism, Imperial College London, UK
15:30 - 15:45	15 min	Break	
15:45 - 16:15	30 min	Challenges in Glucose Monitoring & Target Setting, when the HbA1c is unreliable in the Gulf population	<b>Dr. Adam Buckley</b> Consultant Endocrinologist and Diabetologist, Imperial College London Diabetes Centre Abu Dhabi, UAE
16:15 - 16:35	20 min	The Importance of Early A1C and Weight Control in T2DM – Tirzepatide	<b>Dr. Tarek Faid</b> Consultant Endocrinologist Sheikh Khalifa Medical City Abu Dhabi, UAE
16:35 - 16:55	20 min	Cardio Renal Metabolic Interconnectivity : Latest Clinical Evidence	<b>Dr. Lyndon Marc Evans</b> Consultant Diabetologist Cardiff University UK
17:00		Closing Remarks	



**DAY 2 | Sunday, 12 November 2023**

Time	Duration	Topic	Speaker
8:00 - 8:45	45 min	Onsite Registration	
8:45 - 9:00	10 min	Introduction & Welcome	<b>Prof. Amir H Sam</b> Head, Imperial College School of Medicine Professor, Imperial College London, UK
9:00 - 10:00	1 Hr	Dreaming of Cure: Artificial Pancreas or Stem Cells for T1D	<b>Dr. Victoria Salem</b> Honorary Consultant in Diabetes, Endocrinology and General Internal Medicine, Imperial College London, UK
10:15 - 11:15	1 Hr	Parallel Workshops	
		<b>Cases from the Type 2 Clinic</b>	<b>Cases from the Type 1 Clinic</b> Diabetes Type 1 Management with Eyes on Psychosocial Environment
		<b>Dr. Victoria Salem</b> Honorary Consultant in Diabetes, Endocrinology and General Internal Medicine, Imperial College London, UK	<b>Dr. Fateh Al Khatib</b> Endocrinology Consultant HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE
			<b>Ms. Faten Bayado</b> Dietician / Certified Diabetes Educator HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE
		<b>Cases from the Obesity Clinic</b>	<b>Cases from the Lipid Clinic</b>
		<b>Dr. Saira Hameed</b> Consultant in Endocrinology and Diabetes Imperial College Healthcare NHS Trust, Clinical Senior Lecturer, Imperial College London, UK	<b>Dr. Sarah Qureshi</b> Consultant Endocrinologist and Diabetologist, Imperial College London Diabetes Centre Abu Dhabi, UAE
			<b>Ms. Aysha Al Shebli</b> Dietician Imperial College London Diabetes Centre Abu Dhabi, UAE
11:15 - 11:30	15 min	Break	
11:30 - 12:00	30 min	CGM in Pregnancy	<b>Dr. Ola Jarad</b> Consultant in Endocrinology and Diabetology, Cleveland Clinic Abu Dhabi, UAE
12:00 - 12:30	30 min	Diabetes from the Endocrine View	<b>Dr. Hala Ahmadieh</b> Diabetes and Endocrinology Consultant HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE
12:30 - 12:50	20 min	Diabetic Kidney Disease from Prevention to Treatment	<b>Dr. Wasim Ahmed</b> Consultant Nephrologist SEHA Kidney Care Abu Dhabi, UAE
12:50 - 13:10	20 min	A Journey of Innovation in T2D Management: How to achieve effective & early control	<b>Dr. Hala Ahmadieh</b> Diabetes and Endocrinology Consultant HealthPlus Diabetes & Endocrinology Center Abu Dhabi, UAE
13:10		Closing Remarks	<b>Dr. Mohammad Mustafa Khan</b> Medical Director, Imperial College London Diabetes Centre Abu Dhabi, UAE
13:15		Lunch Break	



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